

News Letter

Splash swim.school

JUNE/JULY 2009

TERM DATES:

Enrolment Week for Autumn Term – w/c
29th June, 2.30 – 7pm Stable Club
**WARNING: BOOKINGS ARE TAKEN ON
A FIRST COME BASIS!!**

Splash Swim Shop –
29th June 2.30 – 7pm Stable Club
2nd July 2.30 – 7pm Stable Club
3rd July 3.30 – 5pm St Lukes
4th July 9am – 1pm Stable Club

Sponsored Swim –
All lessons w/c 6th July (fortnightly private
lessons will be also during the w/c 13th July)

**Happy Birthday to Splash!! 10 yrs old and
becoming Splash Swim School (UK) Ltd**

End Term – 19th July
Autumn Term Starts – 7th September
Half Term – 19th – 25th October
End Term – 20th December

SPONSORED SWIM

During the last two years, during the summer
term we have held a week of sponsored swims
for Breast Cancer. We raised the following:

2007 £2711.08
2008 £2425.52

This term we will raise money again for
Breast Cancer and a sponsorship form will be
given to you, if you prefer to raise money for
the Children's Hospice South West, a
sponsorship form is available on our website.
All swimmers will be encouraged to swim as

far as they can during their lesson or, if more
appropriate they will be set a number of
challenges during the lesson to complete. We
welcome any support given to both of these
very worthy causes. Please return your
sponsorship form by the end of July to the
Splash Office or to a Splash Teacher (no cash
please). See note at end

PRIVATE LESSONS SUMMER HOLIDAYS 20th July – 30th August

The following times and days are taking place
at the Stable Club for private lessons during
the SUMMER HOLIDAYS:

Mondays and Thursdays, Stable Club, (2.30 –
7pm), various teachers available

Saturdays, Stable Club, (9am – 1pm), various
teachers available

Lessons are every half an hour.

Private lessons are ideal for rapid progress as
they are specific to each individual, boost
confidence and to work on specific strokes or
skills. All Abilities, ages 3 - Adults

Costs: 1:1 £18, 1:2 £12 per child, 1:3 £10 per
child (BOOK 5 LESSONS & GET £5 OFF!)

**Contact the Splash Office for a full
timetable, bookings being taken now!!**

ADVANCED GROUP SWIMMERS

All Advanced swimmers who are interested in
developing their swimming further, I would
recommend the following:-

- 1) Have two Splash lessons a week **or**
- 2) Keep swimming with Splash and take
a trial for the Development Squad at

Exeter City Swimming Club, contact
Sarah Linnington to book a trial
01392 660186

DIVING, SNORKELLING, TURNS, FUN & GAMES AT ST LUKES UNIVERSITY

When: Friday 24th July.

Cost: All activities £6 per child except snorkelling.

To Book: All activities can be booked through the Splash Office see the end of the newsletter

3.30pm **Learn to Dive 1** (Improver 1 and above, aimed at those who are complete diving beginners, no diving experience necessary but must be confident to jump in)

4pm **Improve your diving 2** (Improver 1 and above, some experience of diving necessary but not yet able to dive in with confidence)

4.30pm **Advance your diving 3** (Improver 1 and above, for those who can confidently dive but wish to be able to improve further.

3.30pm - 4.30pm **Snorkelling Class (£12)** (Improver 1 and above, please note this is a double class and was so popular last half term that we have made it an hour long!). Please bring your mask, snorkel and flippers.

4.30pm **Splash Holiday Fun** (aimed at those who are in Beginners and above, lots of games and toys...30 minutes of solid fun!)

3.30pm **Improve your Turns – Front Crawl** (aimed at Improver 2 and Advanced)

4pm **Improve your Turns – Butterfly** (aimed at Improver 2 and Advanced)

4.30pm **Improve your Turns – Breaststroke** (aimed at Improver 2 and Advanced)

SWIMMING EQUIPMENT

If you wish to order some equipment from our internet shop www.splashswim.co.uk and would prefer us to bring the equipment to your next lesson, please enter the following code and you will not have to pay any postage, that's right absolutely FREE!!:

SPL10

Please let us know in the comments box when, where your next lesson is. There will also be a swim shop at your lessons on the following days and times:

Splash Swim Shop – lots of items for sale...

29th June 2.30 – 7pm Stable Club

2nd July 2.30 – 7pm Stable Club

3rd July 3.30 – 5pm St Lukes

4th July 9am – 1pm Stable Club

EXETER WATERPOLO TASTER

The Exeter Waterpolo club is hosting a Waterpolo taster for those wishing to have a go at Waterpolo. This is a rare opportunity and I would recommend any children in Improver 2 and above goes along.

When? Sunday 6th September

What time? 6.15 – 7.30pm

Where? Pyramids, Heavitree Rd, Exeter

How much? **FREE**

How to book: Contact the Splash Office to book your place by the end of August.

STAFF NEWS:

Sadly, Jenny L is likely to leave us at the end of the summer holidays as she is hoping to go on to do a Primary School Teaching Degree. As many of you know Jenny L has been a very committed member of staff in Splash and we wish her our very best in her future plans. She hopes to still be able to work for Splash as a cover teacher when she can.

Also due to a very recent change in circumstances, Jenny M is unable to continue with her Fridays at St Lukes University but will be able to complete her Saturdays until the end of term.

However, I am extremely pleased to welcome June, who is new to the area and has 15 years swimming teaching experience. She has been covering Jenny M the past two Fridays and has agreed to take over her Friday lessons at St Lukes University for the rest of the term.

National Plan for Teaching Swimming

We are currently embarking on a change within our swimming lesson programme. Our

swimming lessons have been using the national syllabus for delivering aquatics produced by the Amateur Swimming Association (ASA, National Governing Body for Swimming). The syllabus has recently been changed from the 12 levels to 10 stages (stages 8 – 10 are aimed at those in competitive swimming clubs).

The national syllabus provides stages for your child to progress and become confident, competent and safe in water.

The new programme will supersede the old levels and you will therefore notice some changes to the classes and skills being taught whilst in Splash Lessons.

We hope that you can bear with us during this transition period; there are many new skills in the new stages, so to aid a smooth progression for all swimmers they will progress through the new skills from Stage 1 upwards. Many of the swimmers, even in the Advanced classes have found some of the skills in the new stages challenging this term.

CONGRATULATIONS TO THE FOLLOWING:

Well done to Tomas and Rebecca Trott, Rebecca Rutter, Jodie Iles, Jessica Doyle and Hannah Guest who have recently been accepted to swim for Exeter City Swim Club Development Squad. If anyone else has joined recently and would like a mention in the next Splash News, do let me know.

ADVERTISING/SPONSORS SPACE

Do you know of a local company that would like to advertise (very reasonable rates) in this space, on our teaching shirts, or on our website?

Or you may like to let us know of yours, or your child's recent swimming achievement outside of Splash?

If you have any second hand swimming equipment for sale, we are happy for you to advertise it here for FREE.

Splash Swim School (UK) Ltd.

Splash Swim School marks its tenth year trading in July, the time has flown by and I can hardly believe it!

I am pleased to let you know that as Splash continues to grow and improve, I now feel it is time for Splash to become Splash Swim School (UK) Ltd. I will remain at the helm as the company Director and will continue to develop the business to the best of my ability and strive for excellence always.

I am sure you will join me in a very big thank you to all the teaching and administrative staff at Splash; they have worked so hard this academic year. Without their commitment and dedication, Splash would not be able to provide the high level of professional and quality lessons that it does.... THANK YOU ALL!!!

A VERY BIG THANK YOU TO ALL OUR CUSTOMERS WHO HAVE SUPPORTED US DURING THE PAST 10 YEARS, WISHING YOU ALL A VERY HAPPY SUMMER.

ASA SWIMTASTIC AWARDS

If you have been pleased with Splash, and/or a specific teacher at Splash, please let the ASA know by e mail by the 31st August:

swimtastic@swimming.org

or you can complete a nomination form from their website www.swimming.org

As a swim school we will be nominating the highest fundraisers of the sponsored swim

SPONSORED SWIMS... MORE NEWS!

Raise over £100 for your sponsored swim and receive a prize from the Splash Swim School Shop

Splash Swim School (UK) Ltd. Office:

Director: Zara Trickett

Office Staff: Simon Trickett, Mandy, Ceri L and Sarah C

Splash Teachers: Zara, Jo, Jenny L, Jenny M, Ian, Karen, Louise, June, Amy, Nikki, Kerri.

Tel: 01392 833075

Mobile: 07754 669853

E-mail: zara@splashswim.co.uk

Post: Splash Swim School, Kerswell, Towsington Lane, Exminster, EX6 8AY

Website: www.splashswim.co.uk